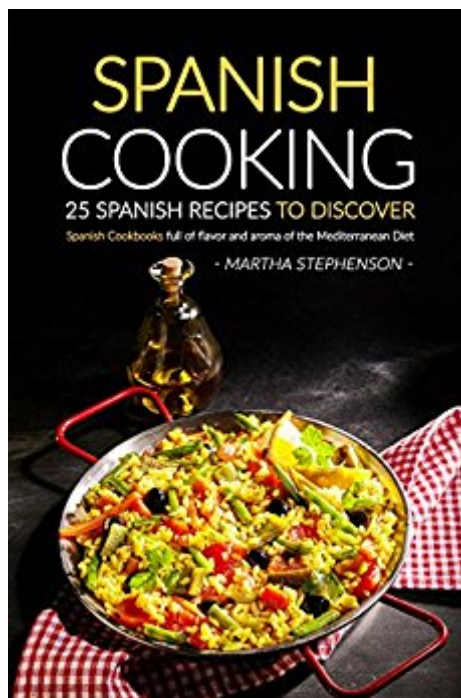


The book was found

Spanish Cooking - 25 Spanish Recipes To Discover: Spanish Cookbooks Full Of Flavor And Aroma Of The Mediterranean Diet



Synopsis

For a long time the paella alone represented the Spanish gastronomy. Not without a reason, it was the favorite dish of Franco, and all the restaurants in Madrid used to prepare it on Thursday, which was the day for the dictator to come and meet his people and have lunch in one of the many restaurants of the city. It was only in the late 70s, with the development of the tourism in the Costa del Sol and other parts of Spain, that the world discovered a wide and diverse Spanish gastronomy. The Spanish cooking proceeds essentially from the Mediterranean diet and the diversity of regions make it today a varied and renowned cuisine. But the Spanish cuisine has been influenced by its numerous discoveries during the various conquests in Latin America, Asia, and Africa. As a result various spices and new foods like tomatoes, potatoes, and vanilla were imported to the country. But also because of its trouble past of long occupations of the country by Phoenicians, Greeks, Romans and especially the Moor Spain adopted elements of different cuisine. Each time each of these civilizations left their marks on Spanish gastronomy. So, get this Spanish cookbook to your kitchen and make some fantastic and traditional Spanish recipes, which will delight everyone. It will help you discover another side of Spain with its healthy and Mediterranean diet by creating some "Tapas" -typical Spanish dishes that are presented in small quantities and great for family gatherings and parties. You may choose to make the world famous Paella with all the flavor and aroma of Spain in your kitchen. Let's Get Cooking! Scroll Back Up and Grab Your Copy Today! Click the Download with 1-Click Button at the top right of the screen or "Read FREE with Kindle Unlimited" now! Then, you can immediately begin reading Spanish Cooking - 25 Spanish Recipes to Discover: Spanish Cookbooks full of flavor and aroma of the Mediterranean Diet on your Kindle Device, Computer, Tablet or Smartphone.

Book Information

File Size: 1614 KB

Print Length: 67 pages

Simultaneous Device Usage: Unlimited

Publication Date: June 2, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01GJQPPVC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #223,426 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International >

European > Spanish #51 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional

& International > European > Mediterranean #74 in Books > Cookbooks, Food & Wine >

Regional & International > European > Spanish

Customer Reviews

I have never been to Spain and I don't know much about Spanish cuisine, but I was curious about it since I tried gazpacho soup that one of my friends made one time. This book has a gazpacho recipe and I tried it immediately. And it is delicious. Of course, I tried a few more recipes and I have to say that I am becoming a fan of Spanish cooking. Lots of meat, mostly chicken, summer-style vegetables and that is enough to make me very happy. I love how the recipes are not just ingredients and preparation, there is also a brief intro at the beginning of every recipe that explains what actually this dish is. Great way to learn something while cooking. Too bad that there are no pictures in the book, it would be much more appealing to make some of these recipes if you know how it should end up looking. Other than that, a very good cookbook if you are interested in trying out some new things in your kitchen.

[Download to continue reading...](#)

Spanish Cooking - 25 Spanish Recipes to Discover: Spanish Cookbooks full of flavor and aroma of the Mediterranean Diet Mediterranean Diet: 150 Recipes to Lose Weight, Get Healthy and Feel Great (Mediterranean Diet, Mediterranean Diet For Beginners, Mediterranean Diet Cookbook, Mediterranean Diet Recipes) Mediterranean Diet: 365 Days of Easy, Delicious, and Healthy Mediterranean Diet Recipes (Mediterranean Diet Cookbook, Mediterranean Diet for Weight Loss) Mediterranean Diet: 30 MINUTE Mediterranean Diet Cookbook with 80 Mediterranean Diet Recipes to Help You Lose Weight, Increase Energy & Prevent Disease ... (Mediterranean Diet & Cookbook Series 2) Top 200 Mediterranean Diet Recipes Bundle: (Mediterranean Cookbook, Mediterranean Diet, Weight Loss, Healthy Recipes, Mediterranean Slow Cooking, Breakfast, Lunch, Snacks and Dinner) Mediterranean Diet: The 4 weeks Challenge (Mediterranean Diet Cookbook, Mediterranean Diet for Beginners, Mediterranean Diet Meal Plan) Mediterranean: Slow Cooker: Paleo: Crockpot: Box Set: The Ultimate Recipes Cookbook Box Set(30+ Free Books Included!) (Mediterranean Diet,

Mediterranean ... Beginners Guide, Mediterranean, Cooking) Mediterreanean Diet for Weight Loss: Eat Like a Spartan: Leverage Mediterranean Diet To Achieve Spartan-Like Health, Lose Weight, Get Fit, All While Eating ... (Mediterranean diet, Mediterranean recipes) Atkins Diet: 50 Low Carb Recipes for the Atkins Diet Weight Loss Plan (Atkins Diet Books, Atkins Diet Recipes, Weight Loss Cookbook, Weight Loss Diet, Diet Cookbooks, Atkins Diet Cookbook) Recipes: Box Set: The Complete Healthy And Delicious Recipes Cookbook Box Set(30+ Free Books Included!) (Recipes, Healthy Cooking, Recipe Books, Diets, Cooking, Cookbooks, Diet Cookbooks,) Mediterranean Diet: Mediterranean Diet For Diabetes-A Beginners Guide On Weight Loss While Lowering Your Blood Sugar To Reverse Type 2 Diabetes(Mediterranean ... blood sugar diet,the blood sugar solution,) Free Cookbooks: Box Set: The Complete Healthy And Delicious Recipes Cookbook Box Set(30+ Free Books Included!) (Free Cookbooks, Free, Cookbooks, Recipes, Easy, Quick, Cooking,) Mediterranean Diet: The Mediterranean Diet for Beginners: 110 Delicious Recipes and The Complete Guide to Going Mediterranean Mediterranean Diet: Revealed! 65 Delicious Mediterranean Diet Cookbook Recipes Sure To Delight and Amaze All While Losing Inches (mediterranean cookbook, ... weight loss motivation, weight loss tips 1) Mediterranean Diet: The NEW Mediterranean Diet-30 Day QuickStart Guide To Fast Fat Loss And AMAZING Health! (Includes 45 MouthwateringDelicious Recipes) ... diet, high blood pressure diet,) Cookbooks for Fans: Dallas Football Outdoor Cooking and Tailgating Recipes: Cookbooks for Cowboy FANS ~ Barbecuing & Grilling Meat & Game (Outdoor Cooking ... ~ American Football Recipes Book 3) 5 Ingredient Cookbook: Fast and Easy Recipes With 5 or Less Ingredients Inspired by The Mediterranean Diet (Free Gift): Everyday Cooking for Busy People on a Budget (Mediterranean Diet for Beginners) HCG Diet: HCG Diet Plan: HCG Diet Cookbook with 50 + HCG Diet Recipes and Videos - HCG Diet for Beginners: HCG Diet Plan - Follow HCG Diet Plan (HCG ... HCG Diet for Beginners, HCG Phase 3) South Beach Diet: South Beach Diet Recipe Book: 50 Delicious & Easy South Beach Diet Recipes (south beach diet, south beach diet recipes, south beach diet beginners guide, south beach diet cookbook) Mediterranean Diet For Beginners: Fast and Easy Mediterranean Diet Cookbook and Home Recipes for Weight Loss - PICTURES INCLUDED (Meal Plan, Healthy Eating, Weight Loss Recipes, Healthy Weight Loss)

[Dmca](#)